



Inroads to Recovery is committed to keeping our community safe

**We continue to actively plan, prepare, and prevent the spread of illness.
Please read our updated safety protocol regarding your appointment.**

- If the patient or anyone in the family is experiencing any type of illness, please reschedule at 402-932-2248. This includes current or recent fever, cough, nasal congestion, sore or scratchy throat, loss of taste or smell, shortness of breath, fatigue, headache, or any known exposure to COVID-19 for anyone in the household.
- No visitors are allowed to accompany patients for their visits.
- For the safety of everyone, only the patient and (if required for care) one guardian/parent will enter the ITR facility. We kindly ask all other siblings, family, grandparents, and nannies to either remain at home or wait in the car for the visit. Please call ahead if this creates a hardship. This reduces the exposures for our vulnerable patients and staff and enables better social distancing in our waiting room and exam rooms.
- All patients are always required to wear an appropriate face mask while in the building. Surgical, N95 and cloth masks are allowed. Valve masks are NOT allowed unless covered with an additional mask.
- After checking in, you may wait in our waiting area or in some cases patients may choose to or be asked to wait in their cars. We request that you follow social distancing guidelines while in the waiting areas.
- You must always keep your mask on while in the building, even if you are in a private room. This reduces aerosols in our building.
- ITR continues to disinfect all patients' areas. Safety is our number one goal. Please take time to stay up to date on the most recent information provided by the Centers for Disease Control and Prevention (CDC) www.cdc.gov/COVID19 or Nebraska DHHS www.dhhs.ne.gov/Coronavirus.

We appreciate your patience and understanding during this time.